

## PE Long Term Plan 2025-2026

Year Group	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EYFS	Introduction to PE: Unit 1  Fundamentals: Unit 1	Fundamentals: Unit 2  Introduction to PE: Unit 2	Dance: Unit 1  Gymnastics: Unit 1	Ball Skills: Unit 1  Dance: Unit 2	Ball Skills: Unit 2  Games: Unit 1	Gymnastics: Unit 2  Games: Unit 2
Year 1	Fundamentals  Fitness	Team Building  Gymnastics	Ball Skills  Dance	Target Games  Net and Wall Games	Athletics  Yoga	Striking and Fielding Games  Invasion Games
Year 2	Fundamentals  Fitness	Team Building  Yoga	Gymnastics  Ball Skills	Dance  Striking and Fielding Games	Net and Wall Games  Athletics	Invasion Games  Target Games
Year 3	Tag Rugby  Fitness	Fundamentals Y3/4  Hockey	Dance  Ball Skills Y3/4	Tennis  Gymnastics	OAA  Athletics	Cricket  Netball
Year 4	Tag Rugby  Fitness	Fundamentals Y3/4  Hockey	Dance  Ball Skills Y3/4	Tennis  Gymnastics	OAA  Athletics	Cricket  Netball

Year 5	Fitness	Dance	Swimming	Swimming	Athletics	Cricket
	Gymnastics	Basketball	Tennis	Volleyball Y5/6	OAA	Hockey
Year 6	Fitness	Dance	Badminton Y5/6	Dodgeball	Basketball	OAA
	Cricket	Hockey	Gymnastics	Volleyball Y5/6	Athletics	Golf