

Ickworth Park Primary School Subject Overview: PE 3 I's

Intent	Implementation	Impact
<p>At Ickworth Park we intend to:</p> <ul style="list-style-type: none"> • Ensure that every child develops a passion for Physical Education in some form. • Aspire for children to seek out and embrace sporting opportunities and challenges. • Develop children to become technically proficient, developing a broad range of skills. • Allow children to utilise these skills and use them in different ways, linking actions and sequences of movement. • Provide opportunities for children to communicate, collaborate and compete with each other. • Ensure children develop an understanding of how to improve in different physical activities and sports, recognising their own successes. • Ensure that every child understands the importance of PE for a healthy lifestyle and keeping safe. 	<p>To successfully implement these ideals, we will ensure:</p> <ul style="list-style-type: none"> • All classes take part in two PE lessons per week. • Provide regular, structured opportunities for activities at lunchtimes, incorporating a variety of skills and sports. • Offer opportunities for children to represent the school in extracurricular competitions. • Offer opportunities for children to attend extracurricular clubs. • Children in Year 5 can apply to be Sports Leaders, running lunch time clubs which encourage children to try a new sport or join in with a team game. • Use pupil voice to allow children to feature in decision-making about playground equipment and lunch time clubs. • Follow the GetSet4PE curriculum which allows all children to access a range of activities, developing their fitness and encouraging a healthy lifestyle. This is achieved through a carefully selected programme of activities. • All pupils are given the opportunity of learning to swim 25 metres competently before leaving primary school, 	<p>Impacts of these intents can be measured by these outcomes:</p> <ul style="list-style-type: none"> • Children are motivated to participate in a variety of sports through structured, quality teaching that is engaging and fun. • From our lessons, our children learn to take responsibility for their own health and fitness, many of whom also enjoy the participating in competitive sports. • We equip our children with the necessary skills and a love for sport. • Children will grow up to live happy and healthy lives utilising the skills and knowledge acquired through PE.

	as well as performing safe self-rescue in different water-based situations, aligning with the National Curriculum guidelines.	
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